

# Your Clubs Health Time for a Check-Up



# Areas we will look at->

- Governance
- Financial health
- Youth
- Volunteers
- Strategic plan
- Safe practices
- Partnerships



# How is your governance?

- \* Same Board members?
- \* How long are your meetings
- \* Present volunteers getting tired?
- \* Nominating committee... starts working when?
- \* Plan B for the board positions?



# Have you done a financial health review?

- \* One set of books?
- \* A look at ratios
- \* A healthy reserve fund 30-50% of years budget
- \* Reserves assigned to allow for Trillium
- \* Who reviews your P&L & what are they saying?
- \* A yearly audit, who does this protect?



# Do youth fit into your clubs plans?

- \* Do you have a youth membership category?
- \* rules for youth restrictive Is there a youth program?
- \* Budgeting for youth programs, replacement yearly?
- \* What is the age of your youngest board member?



# When was the last time you reviewed your Volunteer Recruitment?

- \* Are your Committee Chairs always the same people?
- \* Do you invest in their training?
- \* How do you do feedback on your programming?
- \* Say thank-you!



# When did you last do a strategic plan?

- \* Do you have:
- \* A mission statement?
- \* Club purpose?
- \* Vision and value statement?
- \* Do you know the ultimate direction your club is going in the future?



# Club Safety

- \* Do you have a Health & Safety Manual
- \* Young persons training program
- \* Last Insurance review?
- \* WSIB coverage
- \* Participate in the Shells and Sails program.
- \* Club safety manual from Ontario Sailing



**In Case of Injury at Work**

**1** Get first aid immediately, if needed

**2** Worker: Tell your employer about the injury  
Employer: Arrange and pay for transportation to get medical care, if needed

**3** Employer: Pay worker's wages for day of injury

**4** Employer: Report injury to WSIB within 3 days if it involves:  
• health care treatment, or  
• time away from work, or  
• lost wages

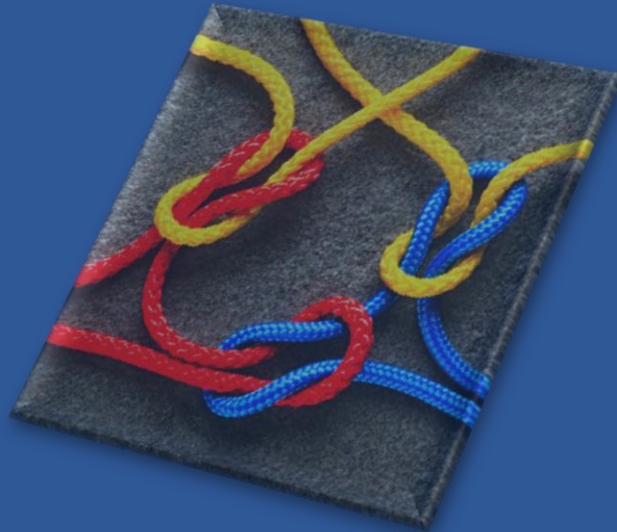
WSIB  
CSPWAT  
Workplace Safety & Insurance Board  
Compensation & Pension Administration  
100 King Street West, Toronto, Ontario M5X 1C5  
1-800-465-5606  
www.wisb.on.ca

Questions? Call 1-800-465-5606  
www.wisb.on.ca



# Partnership's

- ✓ Ontario Sailing is honoured to be partners with our member clubs
- ✓ All members are members
- ✓ Right to Race
- ✓ Support the boating community
- ✓ Member benefits
- ✓ We are here for you!



# Questions?

- \* Discussion
- \* Thank you
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