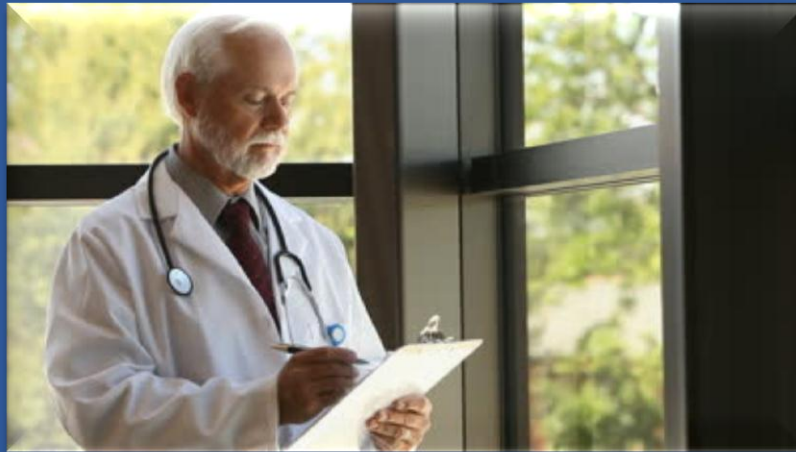


Your Clubs Health Time for a Check-Up



Areas we will look at->

- Governance
- Financial health
- Youth
- Volunteers
- Strategic plan
- Safe practices
- Partnerships



How is your governance?

- * Same Board members?
- * How long are your meetings
- * Present volunteers getting tired?
- * Nominating committee... starts working when?
- * Plan B for the board positions?



Have you done a financial health review?

- * One set of books?
- * A look at ratios
- * A healthy reserve fund 30-50% of years budget
- * Reserves assigned to allow for Trillium
- * Who reviews your P&L & what are they saying?
- * A yearly audit, who does this protect?



Do youth fit into your clubs plans?

- * Do you have a youth membership category?
- * rules for youth restrictive Is there a youth program?
- * Budgeting for youth programs, replacement yearly?
- * What is the age of your youngest board member?



When was the last time you reviewed your Volunteer Recruitment?

- * Are your Committee Chairs always the same people?
- * Do you invest in their training?
- * How do you do feedback on your programming?
- * Say thank-you!



When did you last do a strategic plan?

- * Do you have:
- * A mission statement?
- * Club purpose?
- * Vision and value statement?
- * Do you know the ultimate direction your club is going in the future?



Club Safety

- * Do you have a Health & Safety Manual
- * Young persons training program
- * Last Insurance review?
- * WSIB coverage
- * Participate in the Shells and Sails program.
- * Club safety manual from Ontario Sailing



In Case of Injury at Work

1 Get first aid immediately, if needed

2 Worker: Tell your employer about the injury
Employer: Arrange and pay for transportation to get medical care, if needed

3 Employer: Pay worker's wages for day of injury

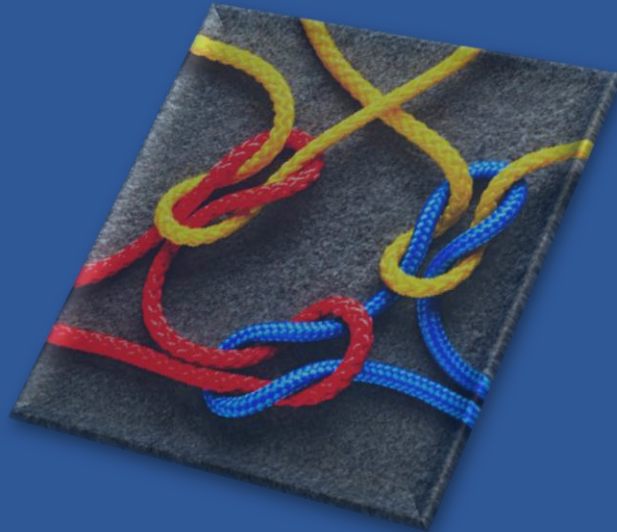
4 Employer: Report injury to WSIB within 3 days if it involves:
• health care treatment, or
• time away from work, or
• lost wages

WSIB
CSPWAT
Workplace Safety & Health
Compensation Board of Ontario
www.wisb.on.ca

Questions? Call 1-800-465-5606
www.wisb.on.ca

Partnership's

- ✓ Ontario Sailing is honoured to be partners with our member clubs
- ✓ All members are members
- ✓ Right to Race
- ✓ Support the boating community
- ✓ Member benefits
- ✓ We are here for you!



Questions?

- * Discussion
- * Thank you
- * execdir@ontariosailing.ca
- * 905-572-7245 ext. 224

