



Proposed Evolution of the Sail Canada Training System (DRAFT) v19

November 2014
Todd Irving
416-625-3396
todd.irving@sympatico.ca



CANSail System: Key Principles

Quality

Increase quality of programs, rubrics and instructors across the board leveraging best practices and subject matter experts

Flexibility

Allow for flexible delivery and learning environments to set a stronger foundation of sailors and skills

Alignment

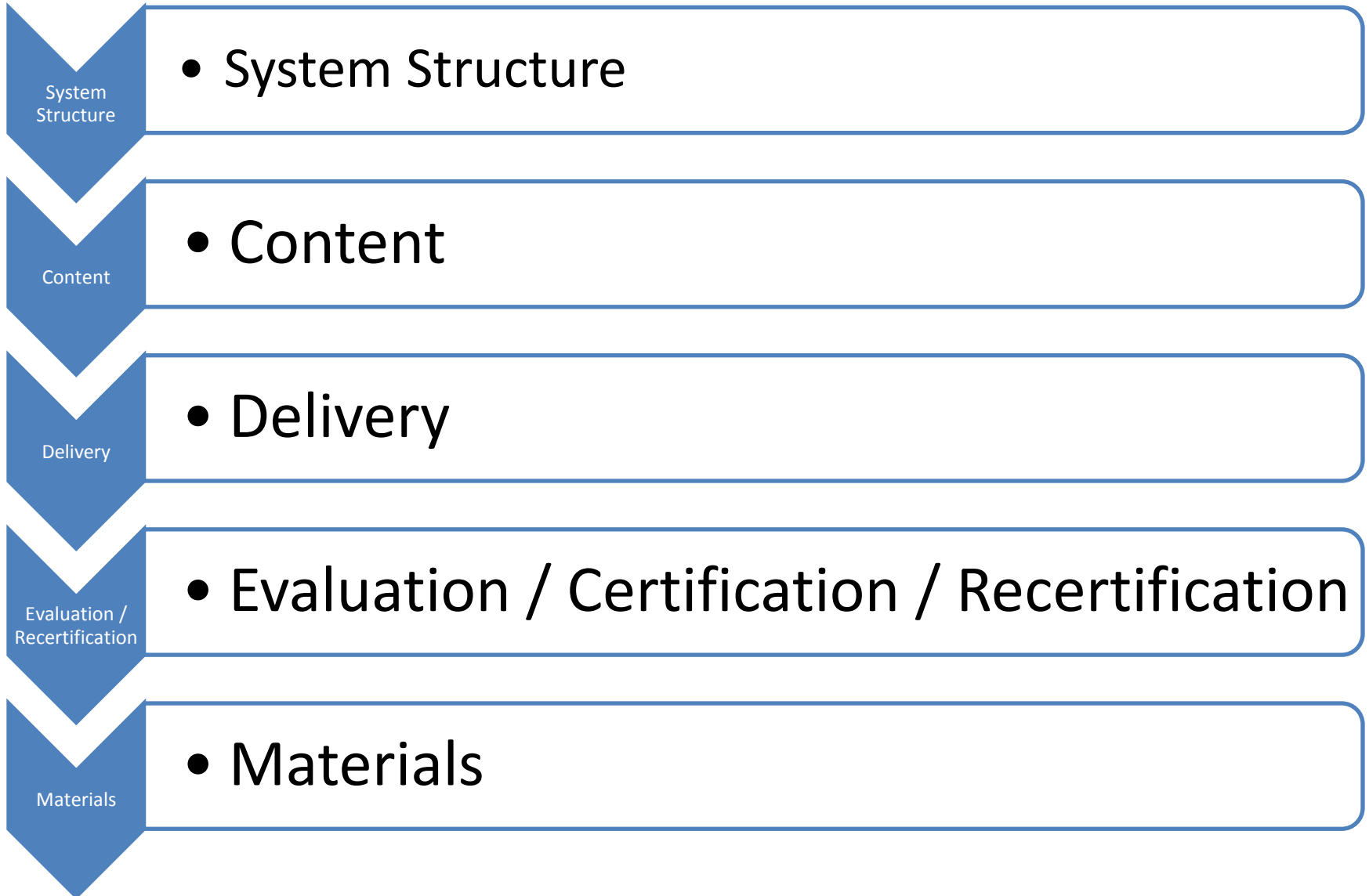
Reduce duplication of course offerings and simplify the marketable properties to allow for better brand recognition and more effective pathways for participants

National Standards

Increase consistency of delivery across all levels and programs nationally by creating a more complete product set and ensuring a better understanding of the rubrics (benchmarks) for the skills



System Components



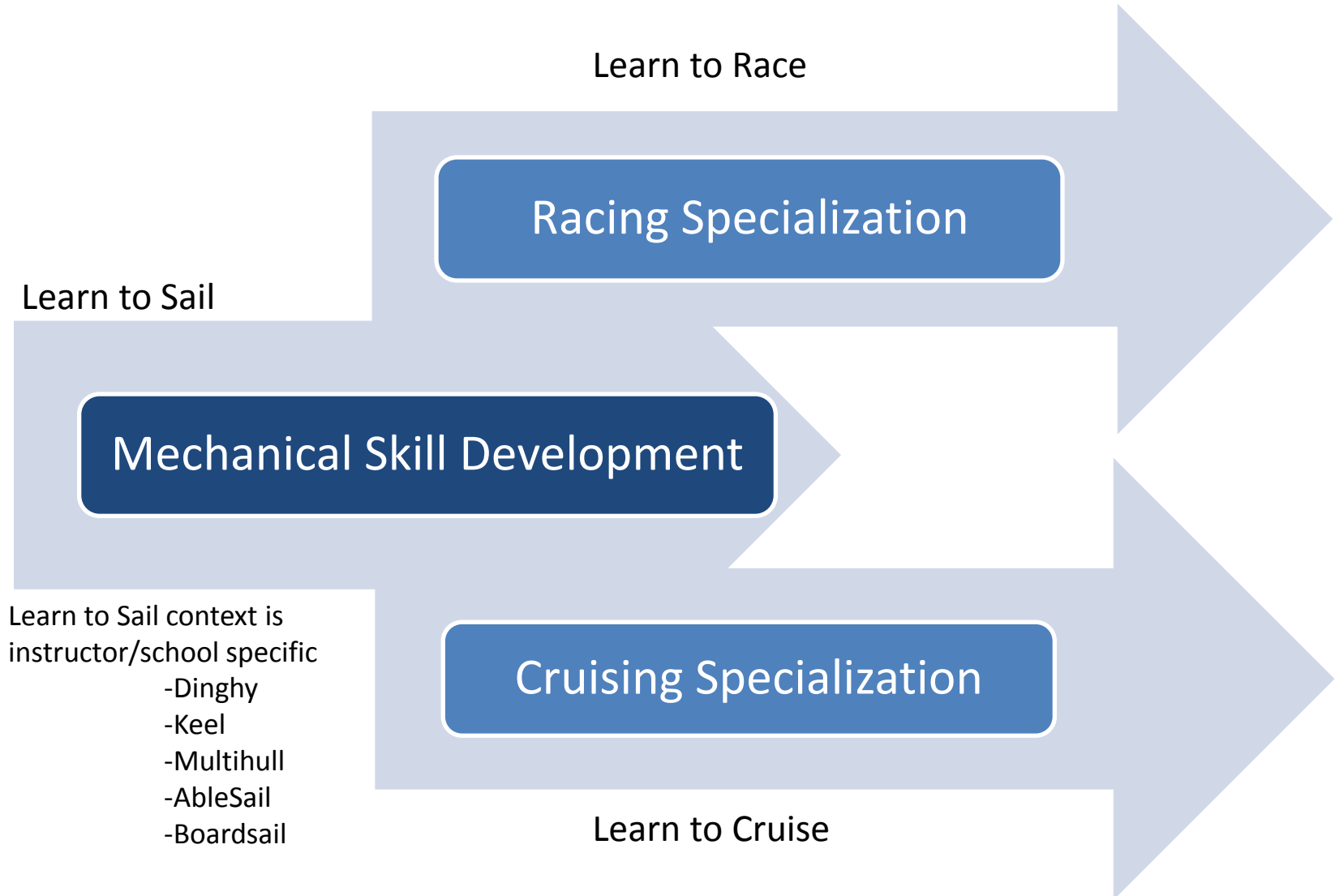


CANSail System: Market Opportunities

- **Learn to Sail and Race for Adults on keelboats**
- **Leveraging best practices for training all aspects of racing**
- **Creating simpler pathways to help achieve end goals**
- **Improving national standards through to national team development**
- **Increasing levels of safety and seamanship in CANSail**
- **Having more crossover points to allow for more movement within the system**
- **Instilling professional development as a natural part of instructor pathways**
- **Full Able Sail integration**
- **Certification that is not equipment specific**



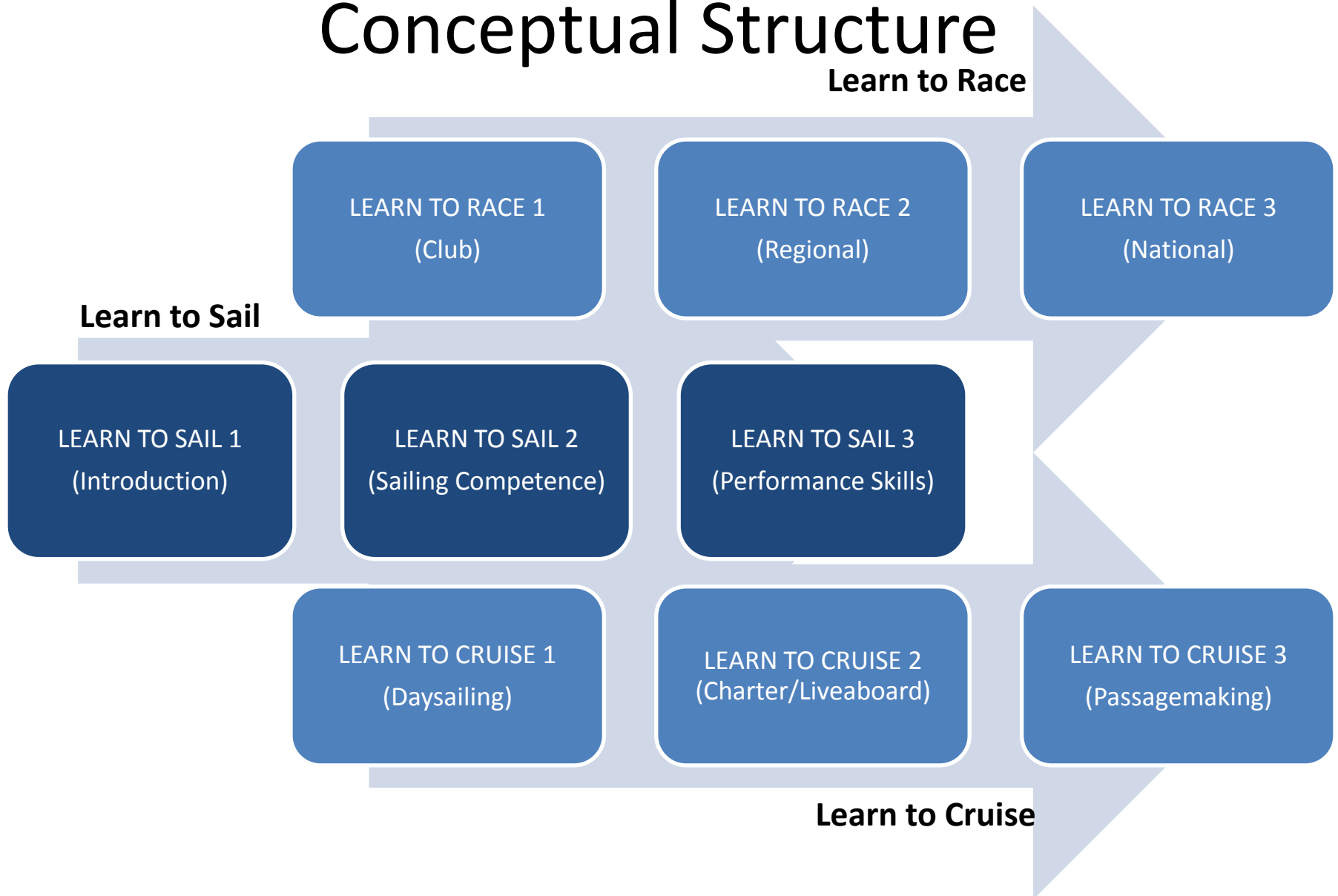
CANSail System Map: Specialization





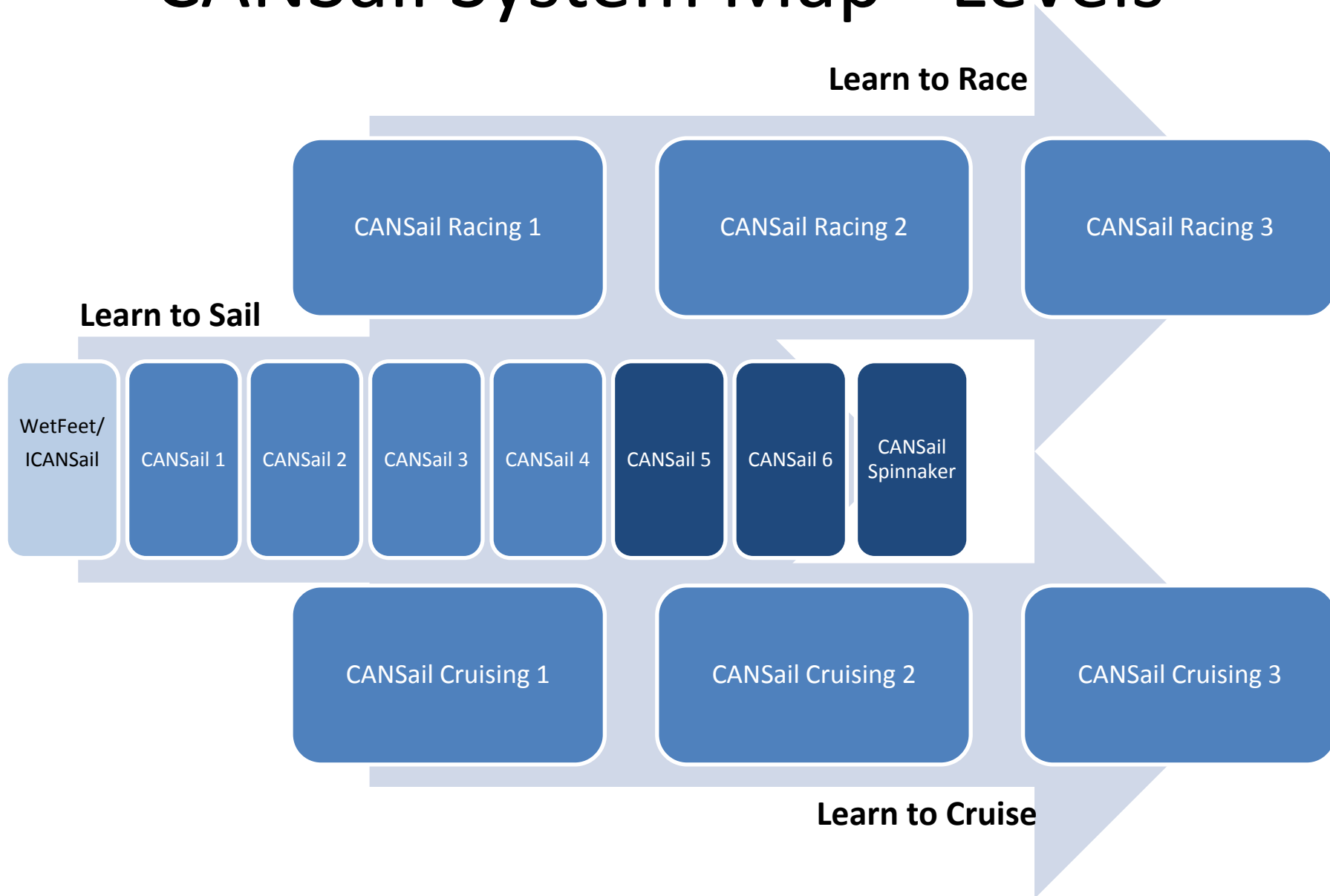
CANsail System Map

Conceptual Structure



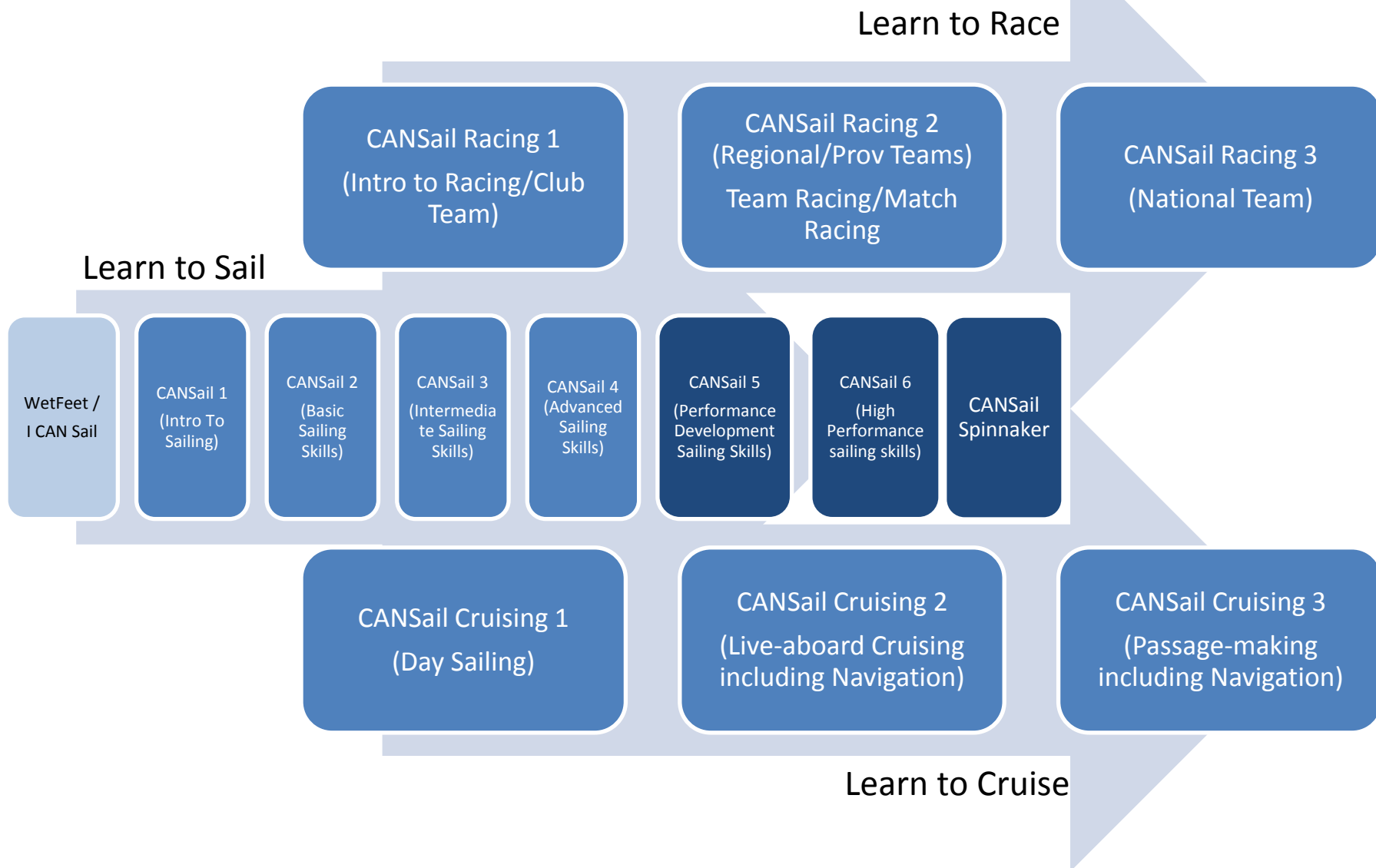


CANSail System Map - Levels





CANSail System Map - Sailors





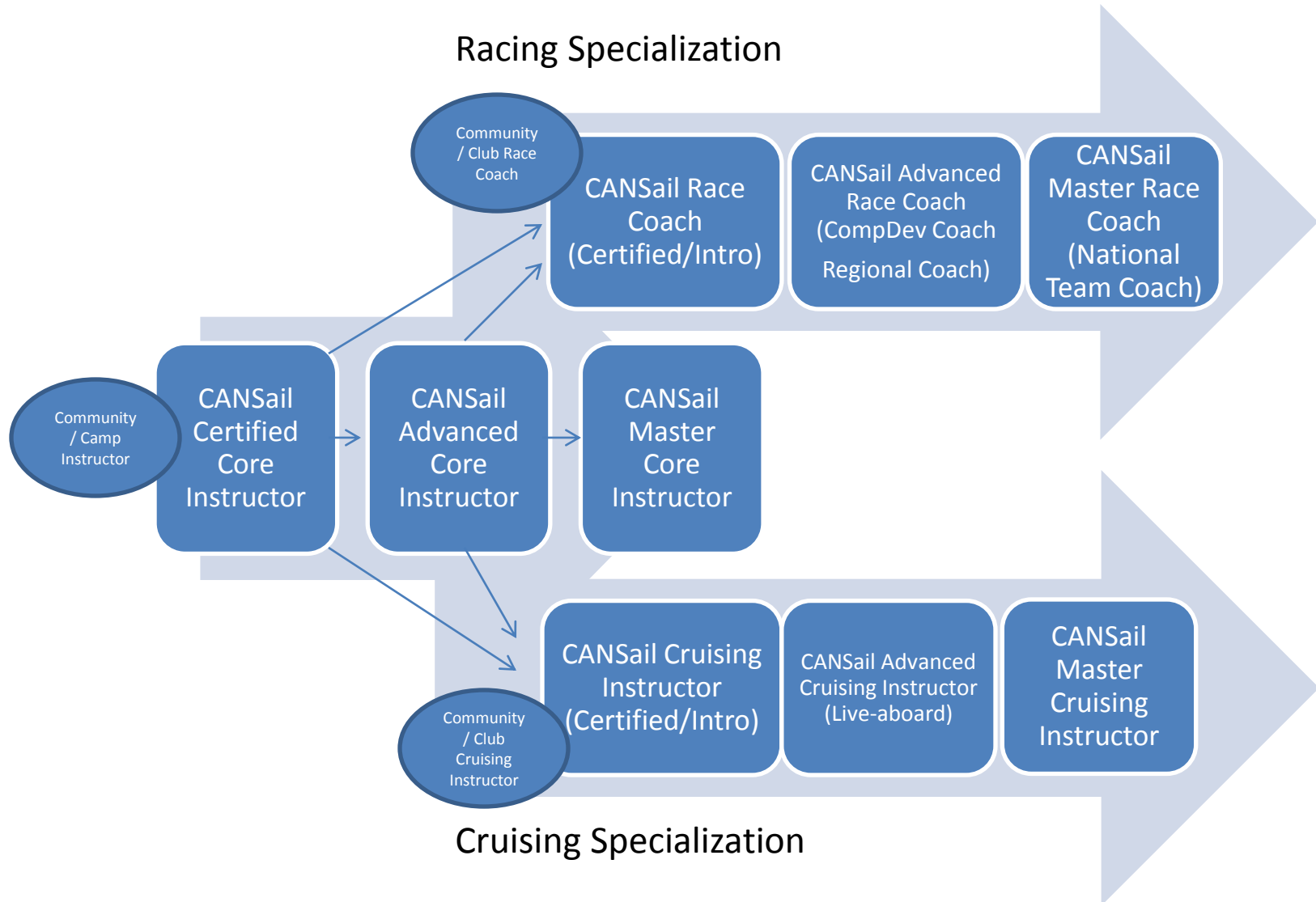
Marketable Products: Underlying Standards/checklists

- Learn To Sail = CANSail 1&2
- Learn To Sail Fast = CANSail 3&4
- High Performance Sailing = CANSail 5&6
- Learn To Sail a Spinnaker = CANSail Spinnaker
- Learn To Race = CANSail Racing 1 (in addition to CANSail 1-4)
- High Performance Racing = CANSail Racing 2 (in addition to CANSail 1-6)
- National Team Racing = CANSail Racing 3 (in addition to CANSail 1-6)
- Learn To Daysail = CANSail 1&2 and CANSail Cruising 1
- Learn To Charter/Liveaboard Cruise = CANSail 3 and CANSail Cruising 2
- Passagemaking = CANSail 4 and CANSail Cruising 3
- Safe Boating: Powerboat operation = Basic Powerboating*

*Needs updating



CANSail System Map - Instructors





Instructor Certification

Technical Certification (student standard achieved)

+

Instructor Training (fundamental or advanced instructor)

+

Evaluation (certification/recertification).....

= Certification Ability



Certification Ability

Certification Ability = two levels below the technical certification held for CANSail and one level below for racing/cruising specialization when certified as a fundamental instructor.

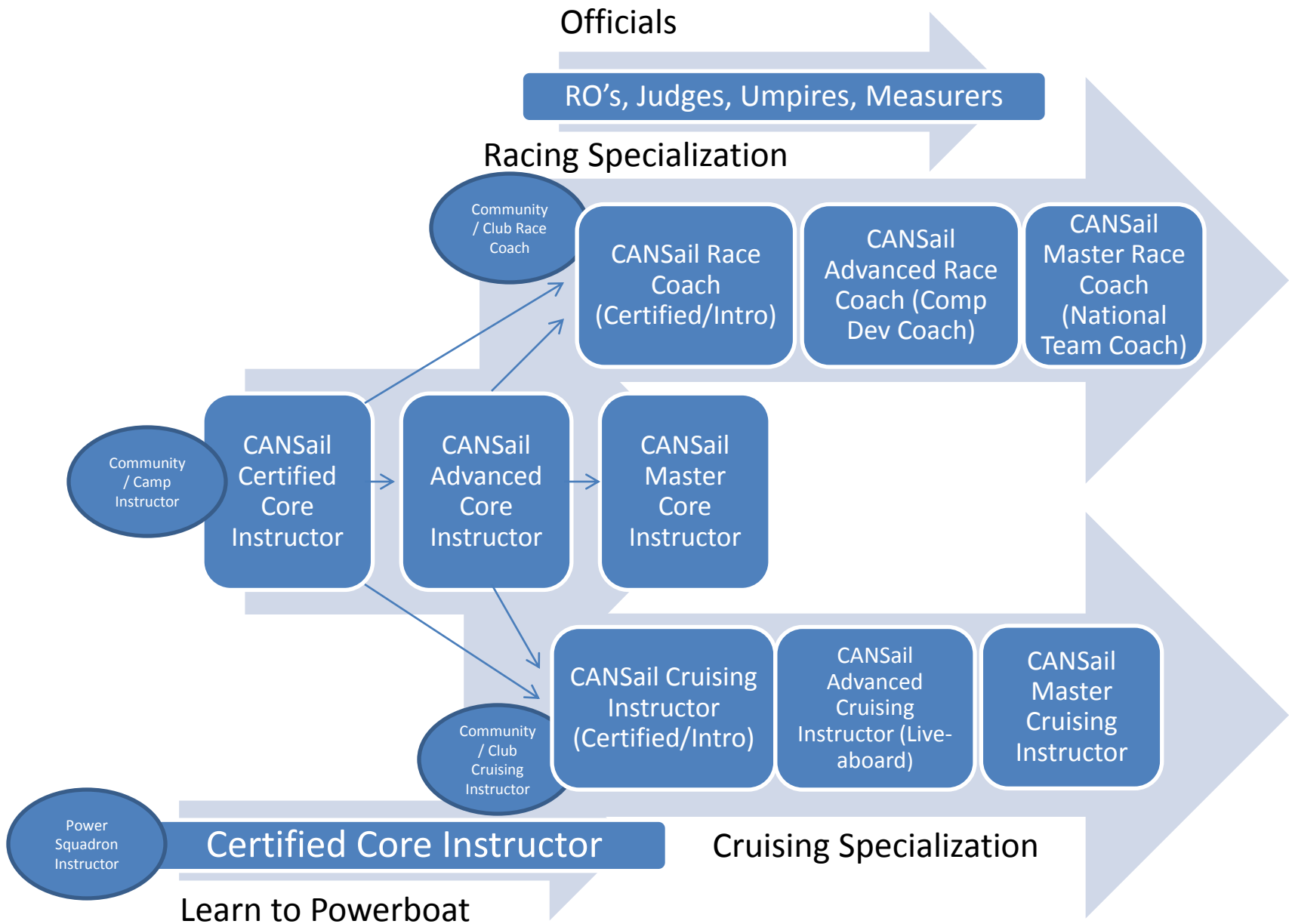
When certified as an Advanced Instructor the instructor/coach would be able to certify up to the technical certification (student level) held by that instructor.



Instructor Certification (Examples)

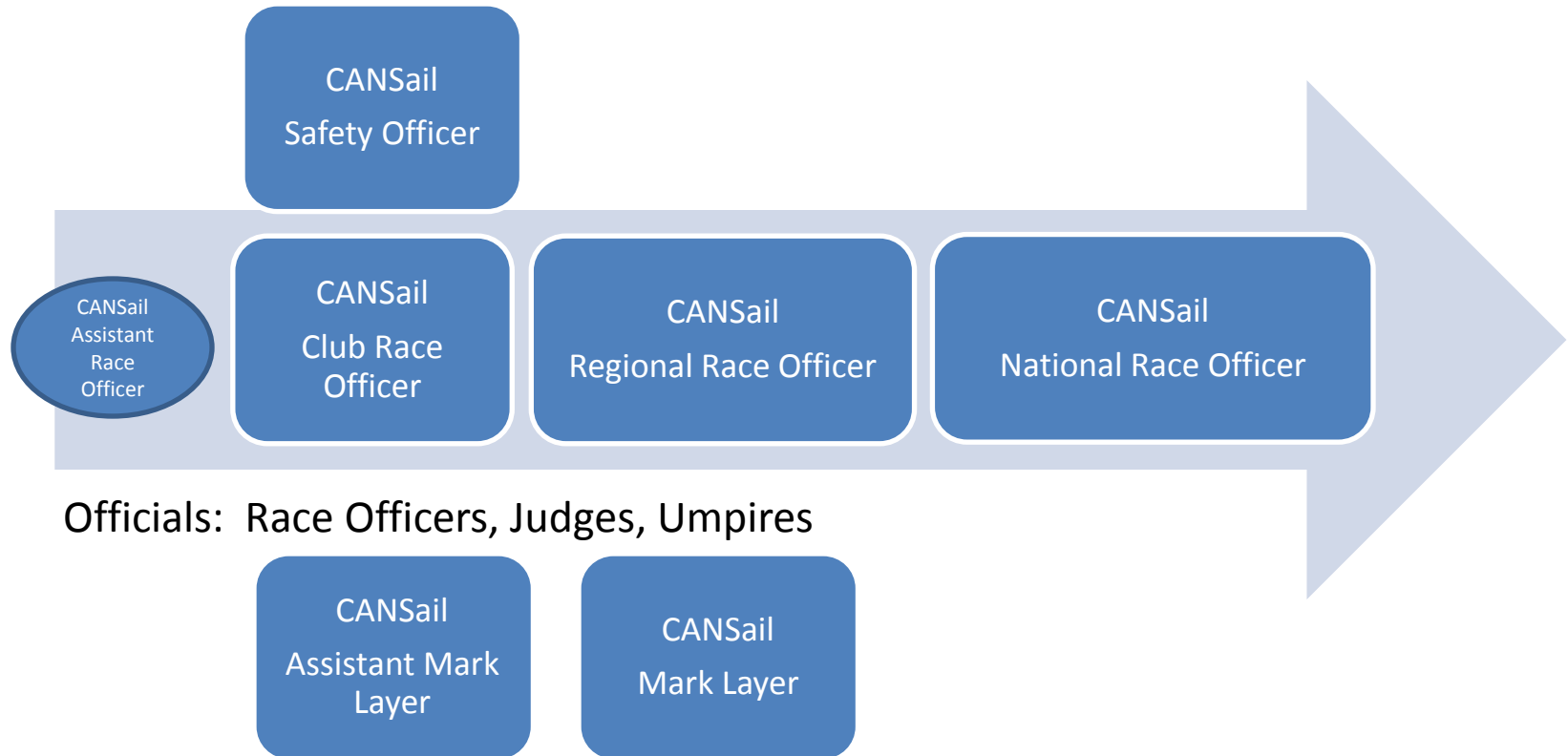
- CANSail 4 certification + Fundamental Instructor Certification = Can certify CANSail Level 1&2
- CANSail 6 certification + Fundamental Instructor Certification = Can certify CANSail Levels 1-4
- CANSail 4 certification + Advanced Instructor Certification = Can certify CANSail Levels 1-4
- CANSail Racing 2 certification plus CANSail 1-6 (or demonstrated equivalent) + Fundamental Instructor Certification = Can certify CANSail Racing 1 and CANSail 1-4

CANSail System Map - Instructors





CANSail System Map - Officials





CANSail System: Changes for 2015

I CANSail

- Create an 'Introduction to Sailing' level designed for first contact or experiential sail programs (multi sport camps, school programs, etc..). It may also be used for short programs (one week or less) in which it may not be possible to complete CANSail 1. This standard will be aligned with the Introduction to Keelboat standard and cover the same basic core skills.

Spinnaker and Trapeze Standards

- Establish separate checklists for 'Spinnaker' and 'Trapeze' (currently Chutes & Wires 1 and Chutes & Wires 2) that can be worked on along side the core CANSail program at the appropriate levels when using equipment with spinnaker & / or trapeze. The spinnaker checklist will be designed working with the keelboat group to ensure it can be used within both contexts.

Community Instructor Course

- Develop a course targeting camp counsellors, community volunteers, instructors in remote areas and instructors in training. Candidates for this course do not have the technical background to complete the CANSail 1 & 2 Instructor course and are seeking basic training to ensure safety and competence when assisting with a sailing program.

Certification Authority

- Change the certification authority of CANSail dinghy instructors to allow instructors to certify sailors up to the level at which they are trained to certify at (ie: CANSail 1 & 2 Instructor can certify CANSail 1 & 2; CANSail 3 & 4 Instructor can certify CANSail 1-4; CANSail 5 & 6 Instructor can certify CANSail 1 – 6). Change the certification authority of Development Coaches so that they can certify CANSail levels.



CANSail System: Changes for 2015

Instructor Candidate Sailor Level Prerequisites

- CANSail 1 & 2 Instructor – CANSail 4
- CANSail 3 & 4 Instructor – CANSail 4 (CANSail 5 recommended)
- CANSail 5 & 6 Instructor – CANSail 6
- Spinnaker & Trapeze – CANSail 5 + Spinnaker or Trapeze Training Module

Race Officer Naming, Safety Officer & Mark Layer Courses

- Re-naming of the RO levels to ARO, Club Race Officer, Regional Race Officer and National Race Officer
- The creation of the positions of Sail Canada Assistant Mark Layer and Sail Canada Mark Layer
- Creation of a Sail Canada Safety Officer to be a standalone standard to be included in the Race Management Program.



CANSail System: Changes for 2016

Boat Agnostic Standards

- Migration of CANSail standards to be boat agnostic to allow for teaching CANSail on any type of boat/platform
- This will allow for greater flexibility of the standards and create a more adaptable foundation of sailors and instructors

CANSail Trapeze

- Move CANSail Trapeze into CANSail 5&6 as boat specific elements of advanced balance and boat trim items to allow for flexibility of equipment required for CANSail 5&6

Advance Instructor Training

- Addition of an advanced instructor course to further instructor professional development and to allow for greater flexibility of Certification Authority (see below)

Certification Authority

- Change certification authority to be a combination of Technical Standards attained and Instructor Training
 - A CANSail instructor will be able to certify two levels below their student standard attained as a Certified Instructor
 - A CANSail instructor will be able to certify to the level of their student standard as an Certified Advanced Instructor

Instructor Candidate Sailor Level Prerequisites

- CANSail 1 & 2 Instructor – CANSail 4 (Certified Instructor)
- CANSail 3 & 4 Instructor – CANSail 6 (Certified Instructor) or CANSail 4 (Certified Advanced Instructor)
- CANSail 5 & 6 Instructor – CANSail 6 (Certified Advanced Instructor)
- CANSail Spinnaker – CANSail Spinnaker Module