



Provincial Team Selection Policy

Board Approved October 20, 2015

- Must be a current registered member in good standing of Sail Canada and Ontario Sailing (via Club membership)
- Must possess Canadian Citizenship and/or under the eligibility requirements of the ISAF, as it pertains to citizenship or residency status, must be eligible to represent Canada at major international competitions, including World Championships
- Must not be under suspension or other sanction for any doping or doping-related offense.
- Must commit to sign an Athlete Agreement which will include adherence to the Ontario Sailing Athlete Code of Conduct (both are attached and are part of policy)
- Sign additional Athlete Agreements as required by Ontario Sailing and additional Agreements to be carded under Quest for Gold, or to participate in such competitions as Ontario Summer Games, Canada Summer Games, Youth Worlds and any other event that requires an agreement to be signed
- Must participate in the current years COMBINE , unless a request for an exemption due to injury, illness or other legitimate circumstance is approved in advance in writing by Ontario Sailing
- An athlete must be able to demonstrate a minimum level of technical skill, fitness, and competition performance to be considered
- Ontario Sailing Provincial Coaches will set the minimum standards mentioned above
- An athlete must be able to demonstrate progression in their performance, as shown by the following indicators; comparison to performances in previous years, performance on fitness assessments, and maintenance of appropriate body composition for the class in question.
- The athlete must be based at a training location identified by Ontario Sailing or at a suitable location agreed to by Ontario Sailing making it possible for the athlete's training plan to be carried out under regular coaching supervision.
- Maximum team size is to be determined by the Ontario Sailing Provincial Coaches to ensure quality of training for team members.

Ontario Sailing Athlete Agreement 2015-2016

AGREEMENT made this _____ day of _____, 20__

BETWEEN

Ontario Sailing having its provincial office

At 70-17 Unsworth Ave. Hamilton Ontario (hereinafter referred to as "Ontario Sailing")

AND

_____, residing at

_____ (hereinafter referred to as "the Athlete").

WHEREAS the Athlete wishes to be an active competitor in ONTARIO SAILING sanctioned events with his or her rights and obligations clearly defined;

WHEREAS Ontario Sailing is recognized by Sail Canada and The Ministry of Tourism, Culture and Sport as the sole Provincial Federation governing the sport of Sailing in Ontario;

WHEREAS Ontario Sailing and the Athlete recognize the need to clarify the relationship between Ontario Sailing and the Athlete by establishing their respective rights and obligations;

AND WHEREAS the National Federation requires that Ontario Sailing certify the eligibility of the Athlete to compete as a member in good standing;

NOW THEREFORE the parties agree to the following:

ONTARIO SAILING's Obligations

1. Ontario Sailing shall:

- a. organize, select and operate teams of athletes, coaches and other necessary support staff (a Provincial Team) to represent Ontario in the sport of Sailing at Provincial and National competitions;
- b. publish criteria for the selection of athletes to Provincial Team
- c. organize programs and provide funding for the development and provision of coaching expertise, officials and event training centres in Ontario in the sport of Sailing in accordance with the budget of Ontario Sailing;
- d. assist the Athlete in obtaining quality medical care and advice;
- e. regularly provide Provincial Team information (training and competition) to the Athlete in the form of mailed or emailed correspondence;
- f. provide a formal review of the Athlete's annual training program;

Athlete's Obligations

2. The Athlete shall:

- a. Be a member in good standing of Ontario Sailing, which includes the payment of Team Fees prior to their required deadline(s). Failure by the Athlete to maintain their good standing will result in disruption or termination of Ontario Sailing support.
- b. recognize the responsibilities of the coaches in coaching-related decisions and follow the training and competitive program mutually agreed to by the following:
 - o Ontario Sailing representative responsible for developing and monitoring Provincial Team training and competitive programs (the Provincial Coach, Manager, and Executive Director);
 - o the Athlete;
- c. Recognize the coach's authority under the Ontario Sailing Concussion Policy available at www.ontariosailing.ca, this includes the athlete waiving their rights to the RRS "Decision to Race" in the case of a suspected concussion. Medical clearance to return to a contact sport is required prior to participation in any event or training program.
- d. avoid living in an environment not conducive to high-performance achievements or taking any deliberate action that puts his or her ability to perform at risk or limits performance;
- e. provide the Provincial Coach or his or her designate, by mail or email sent to Ontario Sailing, with an annual training chart and monthly updates of changes to the chart or any other appropriate information that Ontario Sailing may request;
- f. Agree to participate in 2016 Ontario Sailing Combine (Event date TBD), unless prior approval is granted based on the Ontario Sailing Team Selection Policy.
- g. notify Ontario Sailing immediately in writing of any injury or other legitimate reason that will prevent the Athlete from participating in an upcoming event or training block, and ensure in the case of an injury that a certificate from a medical doctor setting out the specific nature of the injury is forwarded to Ontario Sailing within three weeks of the injury;
- h. sign and adhere to the Ontario Sailing Athlete Code of Conduct in **Appendix A** of this Agreement
- i. be a member in good standing agree to compete exclusively for Ontario and/or Canada from one year from being accepted on the Provincial Team, dress in the Provincial Team uniform and other official clothing, if applicable, while traveling or participating as part of the Provincial Team;
- j. avoid any action or conduct that would reasonably be expected to significantly disrupt or interfere with a competition or the preparation of any Athlete for a competition;
- k. avoid the use of banned substances that contravene the rules of the International Olympic Committee (IOC), the rules of the International Federation and the Canadian Policy on Doping in Sport;
- l. submit, without prior warning, to unannounced doping-control tests in addition to other prior-notice tests and submit at other times to doping-control testing when requested by Ontario Sailing, Sport Canada, the Canadian Centre for Ethics in Sport (CCES) or other authorities designated to do so;
- m. avoid the possession of anabolic drugs and neither supply such drugs to others directly or indirectly nor encourage or condone their use by knowingly aiding in any effort to avoid detection of the use of banned substances or banned performance enhancing practices;
- n. participate, if asked by Ontario Sailing to do so, in any Doping Control/Education Program developed by Ontario Sailing in co-operation with Sport Canada and the CCES;
- o. avoid participating in any competitions where federal government sport policy has determined that such participation is not permitted;

Duration of Agreement

This AGREEMENT comes into force on the date that both Ontario Sailing, the Athlete, and Parent (if applicable) sign until October 31st 2016, unless terminated earlier.

Waiver

I understand that it is a condition of my participating in this program that I do so at my own risk. Therefore in consideration of my acceptance of entry into this program, I agree to save harmless and keep indemnified Ontario Sailing, the host club or organization, Sail Canada, the organizers and their respective agents, officials, servants and representatives from and against all claims, actions, costs, expenses and demands in respect to death, injury, loss or damage to my person or property, howsoever caused, arising out of or in connection with my taking part in this program, not withstanding that the same may have been contributed to or caused or occasioned by the negligence of the same bodies, or any of them, or their agents officials, servants or representatives. I further understand and agree that this release is binding upon myself, my heirs, executors and assigns. I understand that photographs and videos taken of program participants, staff may be used for promotional purposes and I hereby consent to such by Ontario Sailing. I have read and understand Ontario Sailing's Privacy Policy (found at OntarioSailing.ca).

Athlete signature

Date

Parent signature (if athlete is under 18)

Date

ONTARIO SAILING representative signature

Date

APPENDIX A

Ontario Sailing Athlete Code of Conduct

I, _____, am an athlete training and competing in the sport of sailing.

I understand that while competing, training and participating in the sailing community I must:

1. Work towards the attainment of my full potential in the lifelong sport of sailing.
2. Respect fellow sailors, volunteers (parents, race officials...), club staff, Ontario Sailing/Sail Canada staff and coaches.
3. Be gracious in victory and defeat, be co-operative, sportsmanlike and always remain a team player. I will remember that my actions on and off the water reflect not only on me but my sailing organization as well.
4. Regard the Racing Rules as a form of agreement. The Rules represent the spirit or letter which I shall not evade or break.
5. Treat all clubs, public areas, accommodation facilities, as well as other people's property as my own. I understand that any willful destruction of property or theft is not permitted. Full payment will be required for any destruction.
6. Not get involved in any act considered to be an offense under federal, provincial or local laws.
7. Act in a reasonable and acceptable manner; unacceptable behavior includes but is not limited to; unsportsmanlike conduct, willful damage to property, actions that would cause the Athlete to lose eligibility to compete in Olympic Games, or Major Games or in competitions sanctioned by Ontario Sailing, Sail Canada or ISAF;
8. Avoid the use of Alcohol and tobacco products at any time if underage while participating, training or competing in Sailing regattas, camps and functions and for those of age should drink responsibly at all times, remembering that they are role models and representatives of their club, Ontario Sailing and the Sail Canada;
9. Avoid the use of banned substances in contravention to the rules of ISAF, IOC, the Canadian Anti-Doping Program (CADP), Ministry Health Promotion, Quest for Gold and Sport Canada policy and submit, without prior warning, to unannounced doping-control tests in addition to other prior-notice tests, and submit at other times to doping-control testing when requested by Ontario Sailing, Sail Canada, Sport Canada, the Canadian Centre for Ethics in Sport (CCES) or other authorities designated to do so.
10. Avoid possession of anabolic drugs and substances illegal under Canadian laws, and shall neither supply such drugs directly or indirectly to others, nor encourage or condone their use by knowingly aiding in any effort to avoid detection of the use of banned substances or banned performance-enhancing practices
11. Participate in any Doping Control/Education Program as formulated by Ontario Sailing and Sail Canada in cooperation with Sport Canada or other organizations designated by Ontario Sailing;
12. Enjoy the sport!

I understand that any disciplinary problems which arise shall be investigated by the regatta jury, Ontario Sailing or Sail Canada personnel on site. If it is decided that individuals are not adhering to the above guidelines, the following actions may be pursued;

a) Termination of individual's participation in the given event. b) Removal of individual's right to compete in future related events, c) Withdrawal of funding for future Ontario Sailing/CYA/Club events/teams.

d) Individual may be subjected to further discipline by Ontario Sailing, Sail Canada and/or club.

Athlete Signature _____ Date _____

REMEMBER... "You haven't won the race if in winning the race; you have lost the respect of your competitors." (Paul Elvstöm)