



**London
2018**

Ontario
Summer Games

Jeux d'été
de l'Ontario



**Ontario Summer Games
August 2-4, 2018
Fanshawe Yacht Club**

**SAILING INSTRUCTIONS
Amended July 31, 2018**

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RSS)*,
- 1.2 The Prescriptions of Sail Canada will apply and are attached as Appendix C. The following prescription may require advance preparation: RRS 46 – Person in Charge - Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.
- 1.3 RRS Appendix P will apply as changed by instruction(s) 12.1 and 12.3.
- 1.4 The class rules of the participating classes will apply. Boats in the 420 class may use any recognized 420 hull form and the standard club training rig (with non-tapered mast) and shall have a minimum weight of 100 kg fully rigged for sailing and in dry condition, but without sails and personal equipment.
- 1.5 The preamble to Part 4 and rule 40 is changed to **require** adequate personal buoyancy to be worn at all times while afloat except while changing clothes. Code Flag 'Y' need not be flown.
- 1.6 Rule G1.1 (b) will not apply. This changes rule 77.
- 1.7 If there is a conflict between languages the English text will take precedence.

2 NOTICES TO COMPETITORS

Notices to Competitors will be posted on the official notice board located inside Douglas Mackenzie Hall at FYC.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the schedule of races will be posted by 1800 on the day before it will take effect. Any other change to the sailing instructions will be posted before 0930 on the day it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the Main Flag Pole.
- 4.2 When flag AP is displayed ashore, the warning signal will be made not less than 60 minutes after removal, unless the race is postponed again or abandoned.

5 SCHEDULE


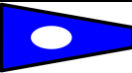
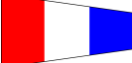
Thursday August 2nd delivery of boats to FYC by 1200
Briefing and Racing Clinic on shore at 1300. Move into Residence at 1500.

5.1

Day	Activity	Launch Ramp Opens	Earliest Warning Signal	Latest Warning Signal	Protest Time Begins
Friday August 3rd	Race	The later of 1000 or AP lowered	1100	1630	When Signal Boat docks
Saturday August 4th	Race	The later of 1000 or AP lowered	1100	1630	When Signal Boat docks

- 5.2 There will be a Coaches Meeting Friday and Saturday at 0900.

- 5.3 There will be a Competitors Meeting on Friday and Saturday at 0930 under the trees opposite the Sailing School Building
- 5.4 To alert boats that a start sequence is about to start an orange flag will be displayed on the Signal Boat with one sound one minute before the warning signal is displayed.
- 5.5 **CLASS FLAGS & START SEQUENCE (First race of the day only)**

Start Sequence	Class	Signal Flag(s)
First (1 st)	420	
Second (2 nd)	Laser Radial Male	
Third (3 rd)	Laser Radial Female	

5.6 **RACING AREA**

The race course area will be on Fanshawe Lake as shown in the diagram in Appendix B.

5.7 **AREAS THAT ARE OBSTRUCTIONS**

The area of the FYC mooring balls is off limits for safety reasons. This area should only be entered in an emergency and not during racing or when sailing to or from the launch area. In addition, the Rowing Course illustrated in Appendix B is out of bounds at all times.

6 **THE COURSE**

- 6.1 The diagrams in Appendix 'A' show the course options, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.2 The course designation will be displayed before or with the warning signal for each class.

7 **MARKS**

- 7.1 Course marks will be orange inflatable marks.
Change of course mark will be a green inflatable mark (See SI 10.1).

8 **<Spare>**

9 **THE START**

- 9.1 Races will be started by using RSS 26, with Five (5) minutes between the warning signal and the start.

Signal	Flag	Sound	Minutes before starting signal
Warning	Class	One	5
Preparatory	P, U or Black	One	4
One-minute	Preparatory flag removed	One long	1
Starting	Class flag removed	One	0

- 9.2 The starting line will be between a staff displaying an orange flag on the Signal Boat and a yellow inflatable mark or the flag displayed on an anchored boat at the port end of the start line.
- 9.3 Boats whose warning signal has not been made shall avoid the starting area.
- 9.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

10 **CHANGE OF THE NEXT LEG OF THE COURSE**

- 10.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11 **THE FINISH**

- 11.1 The finishing line will be between the blue flag on the Signal Boat and an inflatable red mark or the flag displayed on an anchored boat to starboard.

12 PENALTY SYSTEM

- 12.1** A boat that has taken a penalty or retired under rule 31 or 44.1 shall complete an acknowledgment form at the Jury Desk within the protest time limit.
- 12.2** Appendix P will apply as changed by instruction(s) 12.3.
- 12.3** Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.
- 12.4** Rule 44.1 is changed to permit a boat that has broken a rule of Part 2 or rule 31 to take a penalty after racing but prior to any protest hearing. Her penalty shall be a scoring penalty as calculated in rule 44.3(c) equal to 40% of the number of entries or 50% of the difference between her finishing position and the number of entries, whichever is less. However, if she caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.

13 TIME LIMITS

- 13.1** The time limit for all races will be 90 minutes.
- 13.2** Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35 and A4 5.
- 13.3** The Race Committee may, at its discretion, finish a boat on the course. The Race Committee determines the method and order of finishing for boats finished on the course. This changes RRS 35, A4 and A5.

14 PROTESTS AND REQUESTS FOR REDRESS

- 14.1** Protest forms will be provided at the Jury Desk located in the Trophy Room of Doug MacKenzie Hall. Protests shall be delivered there within the protest time limit.
- 14.2** The protest time limit is 60 minutes after the Signal Boat docks.
- 14.3** Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest committee room, as directed at the Jury Desk.
- 14.4** Arbitration will be offered and will conform to RRS Appendix T. The arbitrator may attend the protest hearing. If a boat asks to withdraw her protest, the arbitrator may act on behalf of the protest committee in accordance with rule 63.1 to accept the withdrawal.
- 14.5** Notices of protests by the race committee or protest committee/jury will be posted on the official notice board to inform boats under rule 61.1(b).
- 14.6** A list of boats that, under instruction 12.2, have acknowledged breaking rule 42 or have been disqualified by the jury will be posted before the protest time limit.
- 14.7** Breaches of instructions 9.3, 12.1, 16, 17.2, and 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 14.8** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

15 SCORING

- 15.1** Two races must be sailed to constitute a regatta.
- 15.2** A maximum of 20 races will be sailed for the regatta
- 15.3** RRS A2 is modified so that:
 - (a) When fewer than 5 races have been completed, a boat's regatta score will be the total of her race scores.
 - (b) When from 5 to 9 races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.
 - (c) When 10 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her two worst scores.
- 15.4** To request correction of an alleged error in a posted race or regatta result, a boat shall complete a scoring enquiry form available at the Jury Desk. The time limit for requesting a scoring change shall be 30 minutes after the results are posted on the final day of the event.
- 15.5** The Low Point System of RRS Appendix A will apply,

16 SAFETY REGULATIONS

- 16.1** Competitors shall check out and check in with the ramp supervisor.
- 16.2** Boats shall not launch before the ramp opens, which will be denoted by a signal horn, and are expected to return before the ramp closure time.
- 16.3** All Competitors must sail past the stern of the Signal Boat on starboard tack to check in with RC.
- 16.4** Failure to check out or in may result in a protest by the Race Committee.
- 16.5** A boat that retires from a race shall notify the race committee as soon as possible.
- 16.6** Sailing on the practice day is subject to coach or safety boat availability; confirm with the ramp supervisor before rigging your boat.
- 16.7** Competitors may not launch while an AP is flown ashore.

17 REPLACEMENT OF CREW OR EQUIPMENT

- 17.1** Substitution of competitors will not be allowed without prior written approval of the protest committee
- 17.2** Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

18 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

19 OFFICIAL BOATS

Official boats will be marked as follows: Jury will fly a White Flag with a 'J' and Safety Boats will fly flags as supplied by Registration Desk.

20 SUPPORT BOATS (including coach boats)

- 20.1** All support boats are reminded that they must carry boat registration and appropriate safety gear, in addition to a PCOC by the boat operator. Boat documentation and operator identification and operator cards and license may be requested by Marine Police Unit at any time; non-compliance is subject to fines.
- 20.2** All support boats (including parents) shall register with the organizing authority before launching
- 20.3** It is stipulated by Ontario Sailing and FYC that all support boats have VHF Radios, and the regatta channel must be monitored. The channel for the regatta is VHF 71.
- 20.4** All support boats shall fly the signal provided at registration when on the water.
- 20.5** After the warning signal has been made, all support boats shall remain at least 100 metres to leeward of the starting line.
- 20.6** Support boats shall remain clear of and to the left of the race course (when looking from the Signal Boat to the windward mark) during racing.
- 20.7** In an emergency, all support boats shall act as safety boats and shall comply with the direction of the Safety Chief and/or Race Committee
- 20.8** A breach of instructions 20.2, 20.4, 20.5, 20.6, or 20.7 shall be considered a breach of RRS 2, Fair Sailing, by all boats associated with the support boat, and will be subject to protest by the race committee, protest committee, or a member of the organizing authority. Penalties shall be at the discretion of the protest committee.
- 20.9** Support boats will be assigned a berth or mooring area for the duration of the regatta. Such berth or mooring is subject to the terms and conditions for all boats using FYC controlled facilities. All Support Boats are reminded to respect club members and their boats and to avoid wake inside the harbour.

21 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile devices.

22 PRIZES

Ontario Summer Games medals will be awarded to the top 3 boats in each class and Ontario Sailing will designate the winner of each class "Ontario Sailing Development Team Champion".

23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, *Decision to Race*. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

24 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1 million per event or the equivalent.

25 CODE OF CONDUCT

Competitors, coaches, and parents shall comply with both:

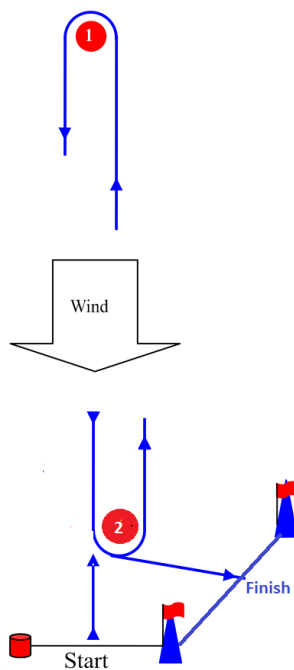
The Ontario Sailing Concussion Policy

The Ontario Sailing Athlete Code of Conduct

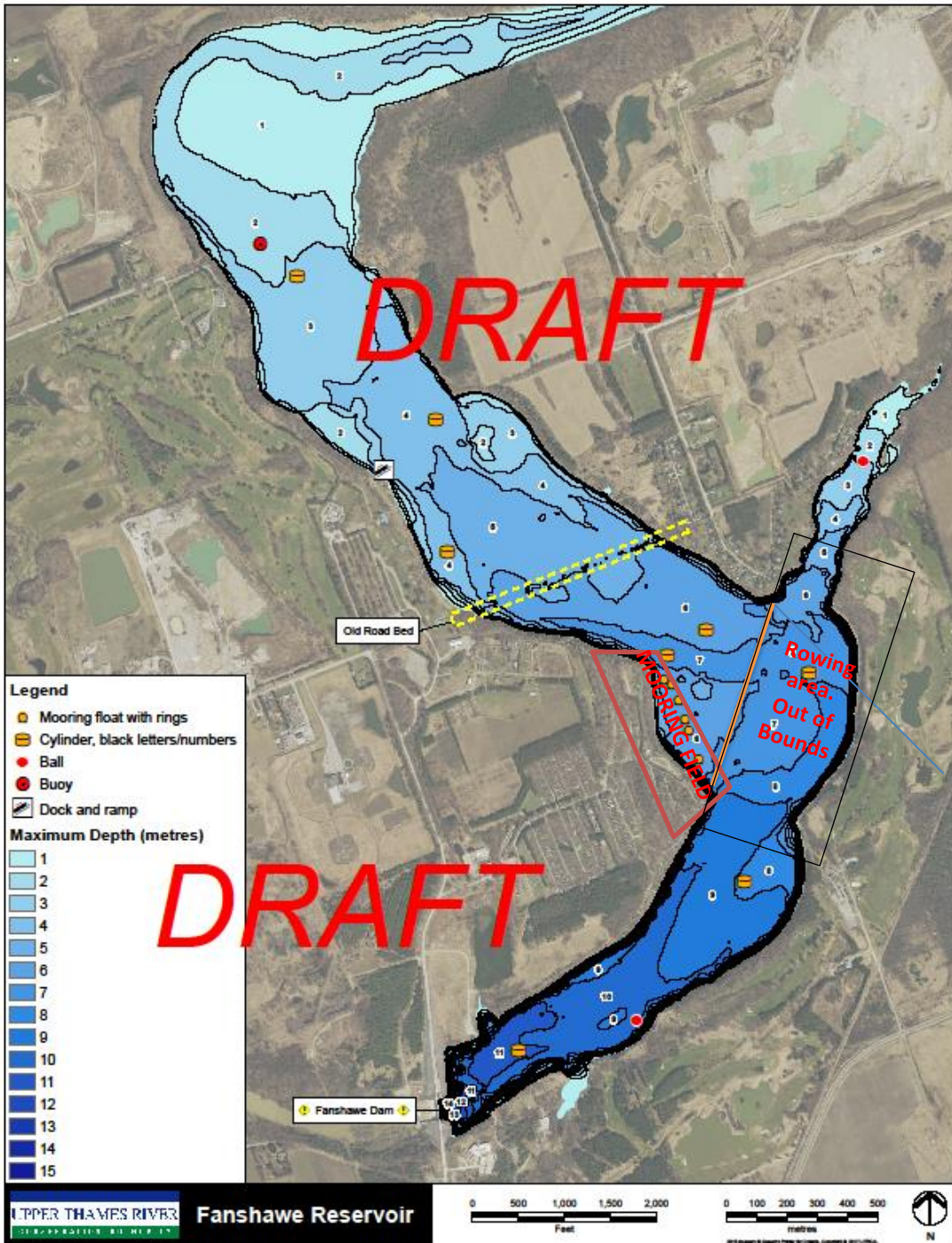
<https://ontariosailing.ca/wp-content/uploads/2018/06/Policies-june-2018.pdf>

APPENDIX 'A' - Courses

Course Designation	Description	Course to be sailed
L 1	W/L once around	Start, 1, 2, Finish
L 2	W/L twice around	Start, 1, 2, 1, 2, Finish
L 3	W/L three times around	Start, 1, 2, 1, 2, 1, 2, Finish



Note: diagram is not to scale and is an illustration of the course layout.



Appendix C

Sail Canada Prescriptions 2017-2020

Rule 46 – Person in Charge

Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.

Rule 61.2 – Protest Contents

Sail Canada prescribes that no fee shall be charged for delivering a protest or a request for redress.

Rule 64.3 – Decisions on Protests Concerning Class Rules

Sail Canada prescribes that unless otherwise provided in its class rules, the Equipment Rules of Sailing shall apply to all classes racing in Canada.

Rule 67 – Damages

Sail Canada prescribes that a boat that has been found by a protest committee to have broken a rule and caused damage shall be considered at fault for the purposes of rule 67.

Rule 70.5(a) – Appeals and Requests to a National Authority

Sail Canada so prescribes.

Rule 86.3 – Changes to the Racing Rules

Sail Canada so prescribes.

Rule 88.2 – National Prescriptions

Sail Canada prescribes that the sailing instructions for events with an international jury or no-appeal protest committee may change or delete any Sail Canada prescription except the prescriptions to rule 61.2, 67 and 91(b). The sailing instructions for other events may not change or delete any Sail Canada prescription.

Rule 91(b) – Protest Committee

Sail Canada prescribes that a request for an international jury formed under rule N1.7 comprised of only three members requires written approval be obtained from Sail Canada before making the request to World Sailing.

Appendix E8 – Appendix G Changes to Identification on Sails

Sail Canada prescribes that this rule applies to Canadian boats in all classes. 2/2

Appendix R – Procedures for Appeals and Requests

Sail Canada prescribes that it may delegate an appeal or request for confirmation or correction to an association appeals committee, such as a provincial association appeals committee or a racing association appeals committee. Decisions of an association appeals committee may be further appealed to Sail Canada.

Appendix R2.1(a) – Submission of Documents

Sail Canada prescribes that no later than 15 days after receiving the association appeals committee's written decision, the appellant may send a further appeal and a copy of the association appeals committee's decision to Sail Canada. The appeal shall state why the appellant believes the association appeals committee's decision or its procedures were incorrect.

Appendix R2.2 – Submission of Documents

Sail Canada prescribes that in the case of a further appeal to Sail Canada, this rule shall apply to the appellant as though it was an initial appeal, and to the appealed committee as though it was the protest committee.

Appendix R3 – Responsibilities of National Authority and Protest Committee

Sail Canada prescribes that when an appeal is delegated to an association appeals committee, the responsibilities and actions required of the national authority in this rule, and in rules R4, R5, 71.2 and 71.3, shall be performed by the association appeals committee.

When a decision of an association appeals committee is further appealed, Sail Canada shall send to the parties, protest committee and association appeals committee copies of the appeal. No member of the association appeals committee shall take any part in the discussion or decision on the appeal.

Appendix R4 – Comments and Clarifications

Sail Canada prescribes that when a decision of an association appeals committee is further appealed, the parties, protest committee and association appeals committee may make comments on the appeal. Comments on the appeal shall be made no later than 15 days after receiving it from Sail Canada. Sail Canada shall send copies of the comments to the parties, protest committee and association appeals committee as appropriate.