

Cruising / Keelboat Instructors PREREQUISITE CHART

Prerequisite	Types Accepted	Certification Period
Required Sail Canada Levels	<p>Start Keelboat Sailing Instructor: Basic Cruising</p> <p>Basic Cruising Instructor: Basic Cruise, Coastal Navigation or Basic Coastal Navigation, Intermediate Cruising (theory exam only)</p> <p>Basic Race Instructor: Basic Cruising Instructor</p> <p>Keelboat Spinnaker: Basic Cruising Instructor</p> <p>Intermediate Cruising Instructor: Basic Cruising Instructor, Intermediate Cruising, Advanced Cruising, Intermediate Coastal Navigation</p> <p>Cruising Catamaran: Intermediate Cruise, Catamaran Endorsement</p> <p>Advanced Cruising Instructor: Intermediate Cruising Instructor</p> <p>Offshore Cruising Instructor: Advanced Cruising Instructor, Celestial Navigation, Advanced Navigation, Offshore Cruising</p> <p>Note: In special cases, candidates may be accepted for an instructor clinic prior to completing these prerequisites. Contact your Provincial Sailing Association for more information.</p>	3 Years to Dec 31 of expiry year (Initial certification), and 5 Years to Dec 31 of expiry year (subsequent certifications)
First Aid & CPR	<p>St. John's Standard, Canadian Red Cross Standard and others (see training division policy manual).</p> <p>CPR Nationally recognized level "A" of higher.</p>	3 Years
VHF ROC Maritime /DSC	Required for all Cruising and Power levels.	N/A
Pleasure Craft Operator Card	Any Transport Canada Accredited Program	N/A
Criminal Background Check	Enhanced Police Information Check obtained from Sterling Talent Solutions , Local Police Station or other nationally recognized provider.	5 Years
Safe Sport Training	<p>Coaching Association of Canada – Safe Sport Module</p> <p>Respect in Sport – Activity Leader Training (access direct link through Sail Canada profile)</p>	5 Years