



*In partnership with Sail Canada's Code of Conduct*

Sailing coaches and instructors play a vital role in the development of all sailors. They are instrumental in encouraging all sailors to expand their knowledge of seamanship, sportsmanship, and sailing in general. The following code of conduct is developed to aid coaches and instructors to achieve a level of behavior, which will allow them to assist all sailors to the maximum.

As a role model Coaches and Instructors have a responsibility to not only follow the code of conduct guiding behaviour that athletes must follow but ensure their participants also adhere to that code.

In addition to their responsibilities for those code of conduct items, the position of power also carries with it the unique responsibility to:

1. Ensure the safety of all sailors and fellow coaches/instructors;
2. Direct comments or criticism at the performance rather than at the athlete or student;
3. Never allow the use of illicit drugs and other banned substances including cannabis. Never provide under age athletes or students with alcohol or tobacco products;
4. At no time attempt to become intimately and/or sexually involved with a student or athlete whom they are coaching or instructing;
5. Respect the skill level of athletes and students by:
  - a) Ensuring that the activity being undertaken is suitable for the age, experience and ability;
  - b) Educating athletes and students in their responsibility to contribute to a safe sailing environment;
  - c) Encouraging all sailors to demonstrate their own code of conduct.

I hereby agree to abide by and role model the items in the athlete/participant code of conduct as well as the expectations of coaches and instructors. I agree to comply by them in good faith of my own accord.

Coach/Instructor Name: \_\_\_\_\_

Coach/Instructor Signature: \_\_\_\_\_

Ontario Sailing Staff Witness

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_