Anti-Doping Policy

Background

Sail Canada has adopted the Canadian Anti-Doping Program (CADP). As part of Sail Canada, all members of Ontario Sailing are subject to Canada's anti-doping rules, which are administered by Sport Integrity Canada. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations, and is compliant with the World Anti- Doping Code and all international standards.

Policy

Through association membership, all athletes of Ontario Sailing are bound by Sail Canada's anti-doping policy. Testing will not be conducted by Ontario Sailing for athletes competing in provincial level competitions in the Province of Ontario. Ontario athletes that compete in National level events held in Ontario, either through an Ontario Sailing partnership with or on behalf of Sail Canada, are fully bound by Sail Canada's Anti-Doping Policy. All Ontario athletes must comply with Sail Canada's policy and the rules of the Canadian Anti-Doping Program.

Board approved last: May 11th, 2026
Review date: May 2029
Policy Category: Sport Recognition

Further Information & Resources on Canadian Anti-Doping Program

By adopting the CADP, Sail Canada has joined a world-class anti-doping program that is designed to protect athletes' rights and ensure a level playing field. Sail Canada's anti-doping policy reflects and supports the CADP.

Sport Integrity Canada recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

a) Check the Global DRO www.globaldro.com to determine if any prescription or over-the-counter medications or treatments that are banned by the WADA Prohibited List
b) Review Medical Exemptions requirements (Medical Exemptions | Sport Integrity Canada if you require the use of a banned medication for a legitimate medical reason. **
c) Do not use supplements or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more: Supplements | Sport Integrity Canada
d) Review the steps of the doping control sample collection procedures: Sample Collection Procedures | Sport Integrity Canada
e) Know your rights and responsibilities as an athlete with regard to anti-doping. Athletes'

Rights and Responsibilities | Sport Integrity Canada

f) Always comply with a testing request if you are notified for doping control. (Sample Collection Procedures | Sport Integrity Canada
g) Check all medications and products before taking them to ensure they do not contain ingredients that are banned. (ICheck Your Medications | Sport Integrity Canada
h) Get the latest news. Sign up to receive Sport Integrity Canada media releases and advisory notes. (Subscribe | Sport Integrity Canada

For additional resources and more about anti-doping, please contact the Sport Integrity Canada , Contact Us | Sport Integrity Canada
**